



OUR VISION: A COMMUNITY KNOWLEDGEABLE ABOUT DOMESTIC VIOLENCE AND ABUSE AND FULLY ENGAGED AND COMMITTED TO ITS ERADICATION.

OUR MISSION: TO HELP PEOPLE AFFECTED BY DOMESTIC VIOLENCE AND OTHER FORMS OF ABUSE IN OTERO AND LINCOLN COUNTIES, NEW MEXICO.

WE DO THIS BY:

- PROVIDING A COMPREHENSIVE ARRAY OF DIRECT SERVICES, INCLUDING SHELTER, COUNSELING, LEGAL SERVICES AND ADVOCACY.
- ENGAGING OTHERS IN EFFECTIVELY ADDRESSING THESE ISSUES IN OUR COMMUNITY.
- PROMOTING SAFE AND HEALTHY RELATIONSHIPS THROUGH AWARENESS AND PREVENTION.

COMMUNITY EDUCATION & OUTREACH PROGRAM

PROVIDING YOUTH & YOUNG ADULTS WITH THE SKILLS NEEDED TO HANDLE THEMSELVES AT ALL LEVELS OF RELATIONSHIPS EFFECTIVELY & ETHICALLY

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appropriate person or service provider for help. **Course Title:** Building Skills for Safe and Healthy Relationships **Time Frame:** Ten (10) Sessions

Instruction Goals: To address our community youth and young adults (kindergarten thru 12th Grade) exposure and involvement in relationship violence (witnessing domestic violence, teen dating violence, and bullying) and create healthy and constructive community environments by providing youth & young adults with the skills needed to handle themselves at all levels of relationships effectively and ethically.

Instructional Methods: Classroom discussion with student (group) participation using power point, films, video clips, interactive activities, & handout materials.

Instructional Objectives: Upon completion of this course, the participants will be able to:

- Name components of **safe & healthy relationships**.
- Use **non-threatening behavior**.
- Identify the importance of **respect** in relationships.
- Recognize **fairness & negotiation** when interaction with others.
- Discuss **open communication** by "saying what you mean, mean what you say, and not being mean when you say it".
- Choose an acceptance of **trust & nonviolence** by treating each other with courtesy and respect.
- Recognize the importance of **honesty & accountability** to feelings of self and others.
- Express **shared power** and a **commitment to social equality**.
- Identify **shared responsibility** by accepting that we make a contribution to the group as a whole.
- Conclude that with trust we **build a safe community** that will tolerate and anticipate mistakes; with a belief that **"together we can get through anything"**.

Contact: Perry Lawson. Email: Perry.Lawson@copedv.org Cell: (575) 442-6306 to learn more or to set up your sessions!

Raise Your Voice!

We are beginning an exciting project at COPE called "Raise Your Voice." We would like to give people who have experienced domestic violence and other crimes such as sexual assault, stalking, bullying and gender discrimination the opportunity to talk about their experiences. We believe there is great value in oral history and storytelling—whether it is kept only by the storyteller or shared with others. We would like to give people who have experienced domestic violence (or other similar crimes) in our community an opportunity to tell their stories as they wish.

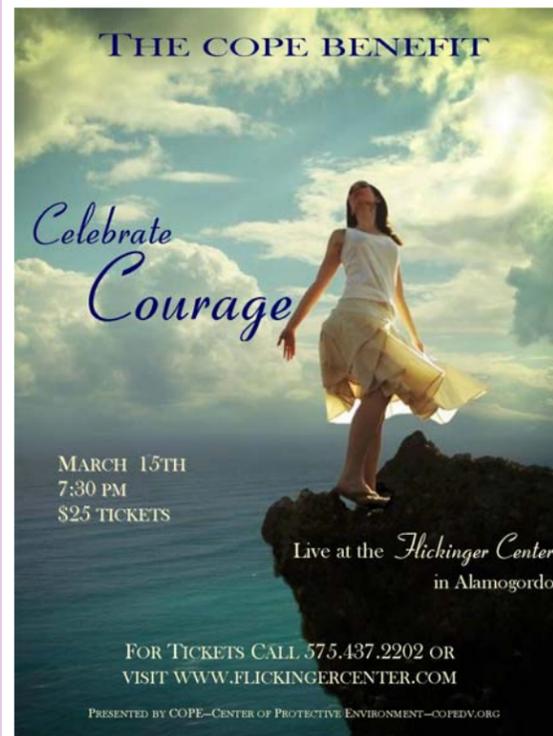
We are inviting people who have experienced domestic violence, dating violence, sexual assault, stalking, bullying, gender discrimination—or anything similar, to participate in this project. We will do this through a personal interview process, allowing approximately 30 minutes for each participant to speak with an interviewer from COPE.

After the interview, we will make a copy of the interview for you and give it to you. We will be doing audio recordings only---not video. All information shared during the recording will remain confidential. Your recording will not be shared with others unless you authorize its release.

If you would like to participate, or if you have any questions about this process, please contact Kay Gomolak by email at kay.gomolak@copedv.org or you may call me at 575-434-3622 Ext. 107.

CELEBRATE COURAGE

"CELEBRATE COURAGE" THE ANNUAL COPE BENEFIT CONCERT IS BACK! THIS PHENOMENAL CONCERT WILL BE HELD MARCH 15, 2014 AT THE FLICKINGER CENTER FOR PERFORMING ARTS. THIS IS AN EXCITING TIME AS WE APPROACH ONE OF COPE'S BEST FUND RAISERS. CO-



DIRECTED BY CONNIE BREDING AND TERESA HAM, THE SHOW WILL TELL A STORY OF COURAGE IN THE FACE OF ADVERSITY THROUGH MUSIC AND DANCE. THIS YEAR WE WILL FEATURE SOME OF ALAMOGORDO'S BEST LOCAL TALENT: MIKE JULIAN, DONNIE BURT, BARBIE GIBSON, JONI CASTELLO, RICHARD DELORCA, BAILEY RARDIN, MARLEY HAM, AND

THE SHOWTIME ALL- STARS TO NAME A FEW! IF YOU'VE NEVER BEEN TO ONE OF COPE'S CONCERTS, DO YOURSELF A FAVOR AND GET TO THIS ONE. THIS SHOW OFFERS A GREAT OPPORTUNITY TO ESCAPE YOUR "SAME OLD SAME" SATURDAY AND MAKE A DIFFERENCE IN YOUR COMMUNITY. PLAN TO ATTEND AND BRING YOUR FRIENDS AS WE CELEBRATE COURAGE AND WORK TO END DOMESTIC VIOLENCE! TICKETS ARE \$25.00 AND CAN BE PURCHASED AT COPE OR AT THE FLICKINGER CENTER.

SHELTER NEEDS

- ◆ Shampoo / Conditioner
- ◆ Makeup
- ◆ Deodorant
- ◆ Blankets
- ◆ Towels
- ◆ Children's Socks
- ◆ Alarm Clocks
- ◆ Boys Deodorant
- ◆ Pillows
- ◆ Hangers



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WHAT CAN COPE DO FOR ME?

The unthinkable has become a reality. Your life has been turned upside down. Your Prince Charming has slipped into his raging Mr. Hyde suit. You feel threatened and afraid. You feel that you and your children are in imminent danger. You are prepared with a safety plan and your first call is to 9-1-1 to ensure you remain safe until your thinking becomes clearer. Police arrive and see that you and your children are moved to the safety of a shelter. After taking the information for their report, the police advise you to seek a Temporary Restraining Order (TRO). A TRO gives you protection until a judge decides that a permanent order of protection is warranted. A TRO becomes effective immediately and remains in effect until the court hearing. The law enforcement officer or the police Victim Advocate then advises you to follow up with the Center of Protective Environment (COPE) Victim Advocate. COPE is a non-profit organization whose focus is to address the problems of family and relationship violence. There are varieties of services available through COPE to help clients during this difficult time.

COPE offers crisis intervention, advocacy, counseling, shelter, and support. Part of the advocacy service is to provide assistance and support for clients who are seeking a permanent order of protection. What are orders of protection and how can COPE help? An Order of Protection is a court order designed to stop violent and harassing behavior and to protect you and your family from the abuser. In civil domestic violence, you are asking the court for protection from your abuser. In criminal domestic violence, the abuser has violated a criminal law, and the district attorney prosecutes the case. Some domestic violence incidents may be both civil and criminal cases that are the result of the same act of violence. How, then, can COPE help? Through our grants, COPE is able to offer free legal representation for you during the court hearing to obtain the permanent order of protection. All sessions and information at COPE are confidential. We will not speak with anyone on your behalf unless we have a signed release from you. The COPE Victim Advocate and COPE Attorney will listen to you and give you information to help

you decide what is best for you and your family. Depending upon the particulars in your case, the COPE Victim Advocate can prepare you for most contingencies that may happen during the hearing. We advise the client to collect and document any pertinent evidence. This includes dates and times of incidents, text messages, photographs, written messages, documented phone calls, journals, medical records, and property damage expenses – anything that will prove that the domestic violence has indeed occurred and will help prove the necessity of having a permanent order of protection. In addition to the COPE attorney representing you during the court hearing, the COPE Victim Advocate will be in court with you to offer support. COPE's advocacy and other services do not end when you leave the courtroom. Counseling at COPE serves a great benefit as you reorient to the new circumstances in your life. Moreover, advocacy can assist with housing, income support, and other community resources. COPE is here to help you.

COMMUNITY EDUCATION & OUTREACH PROGRAM

PROVIDING YOUTH & YOUNG ADULTS WITH THE SKILLS NEEDED TO HANDLE THEMSELVES AT ALL LEVELS OF RELATIONSHIPS EFFECTIVELY & ETHICALLY

Many of our youth and young adults will undoubtedly encounter issues of bullying, teen relationship violence, and domestic violence whether they recognize such as violence or not. Learning about these issues of violence, how to identify strategies for abuse prevention and where to get help in the community when needed will reduce the consequences of trauma, threats, and violence. To do to this, a program must do more than provide information. At COPE we wanted to take it "to the next level." This is why COPE's Community Education & Outreach Program was developed.

COPE is able to provide innovative training because our community educator / trainer (Perry Lawson) has proven skills, ready referral sources and the ability to manage difficult interpersonal dynamics in the classroom by using innovative approaches to reduce misbehavior and enhance support for positive behaviors. The presentations are designed to establish a climate in which *appropriate behavior is the norm*.

The contents of this curriculum will provide students with an understanding of bullying, teen relationship violence, and domestic violence and an increased ability to competently handle these problems. Our youth and young adults will no longer "be afraid" to ask the right questions. They will have the needed skills to recognize, respond to, and refer any peer or community member to an

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YOU CAN FLY! A Unique LIVE Musical Production to benefit COPE

An exciting new production is taking center stage at Ruidoso High School's Center for Performing Arts on April 5 at 7:30 PM called **YOU CAN FLY!** Produced by and for COPE, provider of domestic violence services in Otero and Lincoln Counties, this evening of entertainment promises to wow its audiences through the power of popular song and dance and its extremely talented local performers. Volunteers from our community are fast at work: rehearsing their songs, building sets, and selling tickets for this fund-raising show in early April.

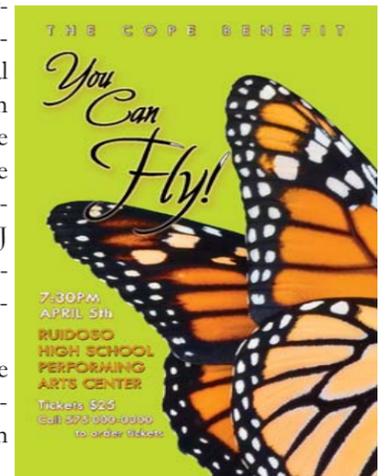
Celebrating Human Strength

Approximately 19 songs will be performed by area singers and dancers from a variety of musical genres: pop, country, jazz, R&B and rock. Many of the songs were hits for their original Top 40 recording artists: Martina McBride, R. Kelly, Nicole Kidman, Alicia Keys and more. But songs for this show are chosen not simply for their popularity, but for the message of hope that each song conveys. The general theme of **YOU CAN FLY!** is empowerment – confidence - the perseverance to overcome serious challenges in life. "This is what **YOU CAN FLY!** is all about," says show creator Steve Duffy, from Lincoln County. "The extraordinary feeling that comes when you realize that you can do it, you can rise above it – you can SURVIVE. This is a collection of songs that celebrates those epiphanies." Other songs with similar themes are woven together with an empowering effect on both the performers and audience members.

Super-Talented Cast of Lincoln County Locals

Chances are you will know at least one of the many performers in this special show. These accomplished amateur artists are your neighbors, your co-workers or your friends, so please come out and support them on the 5th and be inspired by the critically-important message they'll share. A compelling thing about this production is that you get to see a totally different side of your local bank teller, sandwich-maker or contractor. On this special night, these members of our community come together and become local heroes - powerful performers on a local stage. Brian Scott, the owner of Blue Goose Restaurant, and also one of three starring judges on ABC's last summer show "America's Karaoke Battle" will co-emcee as well as sing a song in in the **YOU CAN FLY!** production. Jackie Pride with the Ruidoso Boys and Girls Club will perform the Nelly Furtado song "I'm Like a Bird." Local radio personality Susan Kolb will bring to life an amazing song by Rhonda Vincent called "If Heartaches had Wings." And Ruidoso DJ extraordinaire, DJ Pete will sing Kelly's classic hit : "I Believe I can Fly," accompanied by the ENMU-Ruidoso Community Choir, under the direction of Patrick Robinson. Dancers from both the Ruidoso Dance ensemble and the Academy of Ballet in Alamogordo round out the **YOU CAN FLY!** cast.

Each one of these talented performers seeks to make it a spectacular event for you. So, if you are interested in participating in a production that will both entertain you and support a great local organization—Center of Protective Environment (COPE)— tickets cost \$25 and are available from the COPE Office, or from a Lincoln County COPE Advisory Board member.



SAVE THE DATE...

MARK YOUR CALENDARS FOR TWO BRAND NEW AND UPLIFTING COPE CONCERTS COMING IN JUNE! COPE IS PLANNING A GOSPEL CONCERT FOR THE EVENING OF SATURDAY, JUNE 21 AT THE FLICKINGER CENTER FOR PERFORMING ARTS AND A GOSPEL CONCERT AT FIRST CHRISTIAN CHURCH IN RUIDOSO ON THE AFTERNOON OF JUNE 29. BOTH CONCERTS WILL FEATURE TALENTED LOCAL CHOIRS AND MUSICIANS AND ARE DESIGNED TO BRING OUR COMMUNITY TOGETHER FOR A GREAT CAUSE WHILE LIFTING OUR SPIRITS! THE MUSIC WILL INCLUDE FAMILIAR SONGS THAT ARE TOE TAPPING AND JOYOUS! WE INVITE YOU TO JOIN US FOR TWO EXUBERANT AND ENTERTAINING CONCERTS THIS SUMMER.